

# **USER MANUAL**

Virtual simulator for bronchoscopy

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# Introduction

Simulator for bronchoscopy is a training complex consisted of software, endoscopic instruments imitators, computing unit and visualization system.



Figure 1. Simulator

Training complex is designed for studying of basics and specifics of bronchoscopy. All interventions are being performed in virtual but realistic anatomic environment, with use of real endoscopic instruments imitators as well as other surgical equipment. It eliminate any risk to the health and life of the real patient unlike in many classic training programs. This user manual explains principles of working with simulator hardware and instruments operations as well as features of its educational software (performing of bronchoscopic interventions, training courses, instruments calibrations etc.).

Please note: all endoscopic instruments and medical equipment used in the simulator are only imitations of the real ones and can not be used outside simulator's environment.

# **1** Safety precautions

Always check condition of simulator body, connection wires, instruments and monitors brackets before work. Look for twisted wires, breaks or cracks, loose fastening of bracket etc. In case of any damage or serious defects - all work should be postponed until repair is completed.

Following things are forbidden:

- Exert a force upon the instrument;
- Dismantle the simulator parts during exercise performing;
- Turn off simulator power during exercise performing;
- Dismantle the instrument handle;
- Force opening of simulator body.

It's also forbidden to use simulator in a rooms with high humidity conditions, there condensation may form on the electronic and mechanical components. Vapors of acids, alkalies and other aggressive substances also should not be present in the air. Air condition must meet the sanitary standards: maximum single amount of dust in the air space no more than - 0.5 mg/m<sup>3</sup>, average - 0.15 mg/m<sup>3</sup>.

Always retract the instruments imitators from the port (located in the bronchoscope handle) after exercise completion. **Do not leave the instrument in the trocar imitator, always hold it.** Leaving instrument leads to the disruption of feedback function (if one is present) and can cause a traumatic situation for the user as well.

#### Other dangers

Collisions with the simulator's body can lead to its falling. Do not hold or hang on the monitor bracket or lay/sit onto simulator body. Power cords, cables and wires should not be placed in the passages, it's can cause stumbling and falling as well. If simulator falls onto you, please, call for help and wait for it to arrive, before trying to free yourself. After being freed make sure to visit your doctor even if there are no visible signs of injury.

Please note: all instruments and medical equipment used in the simulator are only imitations of the real ones and can not be used outside simulator's environment. Do not insert or put any of the endoscopic instruments imitators into the cavity of the human body or anywhere else!

# 2 Startup and Shutdown

#### 2.1 Simulator startup

Startup algorithm is shown below:

- Turn on tumbler switch (0/1) on the surge protector (if used);
- Connect simulator body to the surge protector/power outlet;
- Press start up button on the side panel of the simulator to turn its on;
- If needed, turn on tumbler switch (0/1) on the back of the computer.

Simulator software will launch automatically. Otherwise you can launch the program from desktop shortcut as well.

### 2.2 Simulator shutdown

Shutdown algorithm is shown below:

- Retract instruments from the laparoscopic ports (trocars);

- Press ON/OFF button on the side panel of the simulator to turns its off;

- Turn off surge protector tumbler switch (0/1) (if used).

# 3 Authentication

Authentication menu (Figure 3.1) is available immediately after medical simulator program loading. In the menu the you can select between «Select the existing user» or «Create a new one».



Figure 3.1. Authentication menu

### 3.1 Existing user selection

Press «Select existing user» button in the menu (Figure 3.1) .

Each user (cadet) affiliate to a study group, which she/he selects when registering. User name is displayed only in his group. All study groups are listed on the left(Figure 3.2) of the screen. Choose group by clicking its name and choose user name in the middle. Then type the password in the password field and press «Accept».

	Group	Default		Use	r: Sampl	eUser						1
-	Default -	- 1		Sam	pleUser - 1				Mode: C	adet		-
									Passwo	rd:		
									Back			
									Accept			
			-						-			
q	w	е	r	t	У	u	i	0	р	7	8	9
а	S	d	f	g	h	j	k			4	5	6
Û	z	x	С	v	b	n	m			1	2	3
								•		0		

Figure 3.2. Authentication process

								-	_			
	Crea											1
	Group	Default					Full na	ame				
	Defaul	t					name	Э				
							Passv	vord				
							111					
					_	-						A
T	Back				Create	a grou	p		Create I user	new		
q	w	е	r	t	у	u	i	0	р	7	8	9
а	S	d	f	g	h	j	k			4	5	6
Û	z	x	С	V	b	n	m		$\otimes$	1	2	3
								•	_	0		

Figure 3.3. User registration form

### 3.2 New user registration

Press «Create user» button in the menu(Figure 3.1). New user can be added to existing group or to a new one. In second case you'll need

#### **3 AUTHENTICATION**

to create any group first (see «New group creation» section for more details).

To add a new user into one of already existing groups follow the instruction below:

- Choose group name from the list on the left (Figure 3.3) ;
- Type user full name in the «Full name» field;
- Type password in the «Password» field;
- Press «Create new user» button;

_				1	1							
	Group	Default					Full na	ame:				
	Default			Enter a name for the new group								
				new	group							6
				Cance	əl		Accept					
	Back				Create	a group	p		Create r user	iew		
q	w	е	r	t	у	u	i	0	р	7	8	9
а	S	d	f	g	h	j	k			4	5	6
Û	z	x	С	V	b	n	m		$\otimes$	1	2	3
								( +		0		

Figure 3.4. New group creation

### 3.3 New group creation

In order to create a new study group click «Create a group» button in the registration menu. Type name of the group in the new window (Figure 3.4) and press «Accept».

# 4 Exercises

#### Before starting the exercise:

• Always retract the all instruments imitators from the port (located in the brochoscope handle);

To access the exercise click the «Bronchoscopy» button in the main menu (Figure 4.1) and choose study section. List of the available exercises will display on the screen. Choose exercise by clicking its name. Exercise description will display on the right of the window. Press «Next» to proceed toward the exercise window. Each exercises have three levels of complexity: easy, normal and hard. Click the «Complexity» button to set the required level. In order to start the exercise press «Start exercise» button.



Figure 4.1. «Bronchoscopy» section

#### 4.1 Exercises list

#### 4.1.1 Basic skills in bronchoscopy

This module includes basic exercises focused on bronchospoce handling and anatomy knowledge of bronchial tree. Exercises being performed in both virtual non-anatomical and anatomical environment.

List of exercises:

- Bronchospoce handling in a virtual environment;
- Bronchial tree anatomy knowledge;
- Bronchospoce handling in a anatomic environment;
- Endoscopic instrument handling skills.

#### 4.1.2 Diagnostic bronchoscopy

This module includes exercises focused on developing of practical skills for safe inspection of the respiratory tract (such as taking tissue samples, early diseases diagnostic etc). Module includes variety of anatomy cases based on real patient records that helps gain a better understanding of human anatomy differences.

#### 4.1.3 Transbronchial needle aspiration

This module focused on developing of practical skills for safe inspection of the respiratory tract and in particular - puncture of a lymph node cytological and histological clinical study. Module includes variety of anatomy cases based on real patient records that helps gain a better understanding of human anatomy differences.

#### 4.1.4 Operative bronchoscopy

The module «Operative bronchoscopy» is intended to develop skills in complex and urgent clinical situations, such as pulmonary hemorrhage, foreign body removal, major complications etc. Each exercise based on real clinical cases and presented with additional information such as patient medical history, results of X-ray or CT-scan etc.

List of exercises:

- Foreign body removal;
- Pulmonary hemorrhage control;
- Polypectomy with an endoscopic loop;
- Tracheal stenosis;
- Stenting;
- Bronchoalveolar lavage.

#### 4 EXERCISES

#### 4.2 Imitators of the endoscopic instruments

Imitators of many endoscopic instruments are being used imitated in the simulator:

- Bipolar grasper;
- Injection needle;
- Puncture needle;
- Aspirating needle;
- Cytological brush etc;

Instruments imitators are inserted in the special port located in the brochoscope handle. In order to change instrument type in the program:

- Insert instrument in the port;

- Press LED button - list of all available instruments will appear on the service screen (Figure 4.2) ;

- Choose one by turning the wheel on the instrument handle and press LED button to confirm the choice;

- Keep inserting imitator back in the port until you can see it through the endoscopic camera mounted at the distal end of the bronchoscope tip;

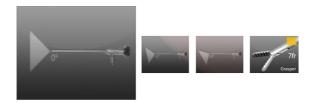


Figure 4.2. Instruments icons

### 4.3 Service monitor

Service monitor is active during exercise. Lower panel of the monitor screen reserved for control panel which becomes active during exercise performance. Functions change from exercise to exercise and depending on its type, some are unavailable during basic trainings, some are not supposed for this exercise (for example, video courses or step-by-step instruction). Main functions are «Virtual tips», «Video course» and «Navigation». The middle of the screen reserved for 3D anatomical atlas model and x-ray picture for this clinical case.



Figure 4.1. Virtual tips panel

Clicking the «Virtual tips» button will activate performance hints, such as direction for instrument movement or place of injection.

To watch the video course click the button «Video Course». Remember that video course is not present in all exercises.

#### 4 EXERCISES

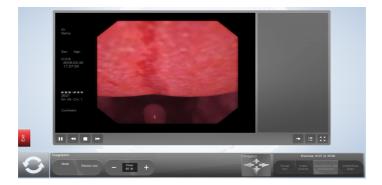


Figure 4.2. Video course player

New window will open inside the exercise. Video can be played, paused, moved forward or back.

Remember that video course is not present in all exercises.



Figure 4.3. Powered instrument

#### 4.3.1 Powered instruments controls

Description of the control panel's function listed is given below: - **«Mode»** indicator. Two working mode are available: **«**electro-dissection**»** and **«**coagulation**»**. Working mode is set automatically and depends on the key pressed on the 2-key pedal is pressed. Yellow key activates electro-dissection, blue one - coagulation. As long as either of two keys is pressed you will hear a loud beep sound and indicator of the active work mode will be display on the control panel;

- **«Powered instrument»** icon marks the powered instrument (if used instruments can be powered) (Figure 4.3) ;

- **«Power**» buttons. Click **«**+**»** to increase electricity power and click **«**-**»** to decrease it;



Figure 4.4. Powered instruments controls

#### 4 EXERCISES

### 4.4 Exercises end and exit

After all stages of the exercise is complete - «Finish» button will appear, click it to exit the exercise. In case if the button has not appeared, not all the stages were performed (final examination wasn't performed, blood weren't aspirated etc.).



Figure 4.1. Finish button



Figure 4.2. Exit button

Every exercise has a forced exit. For that press «Exit» button.

# 5 Training courses

Training courses are a sequence of exercises, with number of requirements including: line of performance, minimal passing score, complexity level etc.

Exercises in the course are being performed successive, in line, there is no possibility to jump ahead toward one exercise without completing previous one first. Already completed exercise can be repeated for obtaining of a better score. While one of training courses is being actively performed, section «Endosurgery» and other courses will be unavailable until chosen course is completed or canceled.

If one of courses already started, section will display its statistics if not - list of all available training courses will be shown. Administrator mode allows creating of new training courses or edit and delete already existing ones (see «Administrator» section for more details).

To start course choose it from the list and click «Start training course» button. Next menu - statistics - will display contents of the course as well as performance results.

Status icons of the exercises display at the statistic window (Figure 5.1) with the following meaning:

1 - completed exercises;

2 - repeat completed exercises;

#### 5 TRAINING COURSES

- 3 non-performed exercises;
- 4 current exercise;



Figure 5.1. Exercise status icons

Numbers near status icons display progress of performing: maximum score/average score/number of tries. The following buttons are located at the bottom «Back», «Course description», «Abort the course», «Continue». Press «Back» in order to return to the previous window. Press «Course description» to see general information about chosen course.

In order to start or continue the course press «Continue». After that course exercise start window will open. Please note, you can not choose or change complexity level of the exercise and change its passing score. Press «Start exercise» to begin.

Performing of the course can be canceled by pressing «Abort the course» button in the «Training courses» menu. Press the button that confirm («Accept») or decline («Cancel») your choice in the pop-up window.

#### 5 TRAINING COURSES



Figure 5.2. Abort the course

After completing of the exercise its statistics window will open. User can watch replay of the exercise, print its statistics, return to the main menu, view course results or continue with it.

To proceed with further with course performance press «Continue exercises of the course». If cadet's score is lower than required passing score «Retry the last exercise» button will appear instead of «Continue exercises of the course». It's not possible to continue with others exercises until pass the require score.

After completing of all exercises in the course its statistics window will open automatically.

# **6** Statistics

Statistic results are being formed after completion of the exercise. It is individual and tied to the user's profile. It is very important to log-in into the system using correct name and password. In any other case it may lead to the serious mistakes in the grade estimation.

To access statistics section click the button with the same name in the main menu. Statistics window also appears after completion or interruption (forced exit) of exercise (Figure 6.4).

	ining statistics	
Ex	ercises	Description
	2016.05.16 1817.18 - Sigmoidoscopy - 11 points	
	2016.05.17 1012.38 - Sigmoidoscopy - 26 points	-
	2018.05.17 10.38.10 - Sigmoidoscopy - 0 points	
	2018.05.17 13.33.49 - Sigmoidoscopy - 11 points	
	2018.05.17 14.03.52 - Sigmoidoscopy - 5 points	
	2018.05.17 14:16:22 - Sigmoidoscopy - 74 points	
	2016.05.17 14.29.00 - Sigmoidoscopy - 15 points	A RECEIPTION OF THE RECEIPTION

Figure 6.1. Statistics window

Statistics displays all exercises performed by a current user. Choose one by clicking its name and press «Results of the selected exercise» button. In the newly open window statistics parameters will be displayed alongside with two columns of the numeric values - first actual numbers from the exercise, second - permissible numbers from the exercise settings (mainly determined by the level of complexity). Grade of the exercise is define by «Total score» (ranged from 0 to 100 points, where 100 is max). Points are being added or took off depending on the performance quality, performance time, quantity and the character of the mistakes made. Detailing point is a precise elaboration of the final score, including points received on correct exercise performance and took off in case of mistakes.

«Replay» button opens a new window where a video record of chosen exercise (Figure 6.3) can be viewed. Buttons «Play», «Pause» and «Replay from the start» allows to control video. There also video slider which can be moved manually to find a particular part of the record.

	Parameter value	Permissible value	
Exercise	Endoscopic instruments handling skills		
lime and date	18/07/20 2016/05/17		
fotal time	0058		
Total exercise score , points	32 из 100	>	

Figure 6.2. Exercise statistics



Figure 6.3. Statistics. Replay

Exercise statistic	cs					
Exercise has been aborted						
	Parameter value		Permissible	1000		
GENERAL DATA				10000		
Exercise	Diagnostic gastroscopy					
Time and date	124926 2016.07.08			Pr	int	
Total time	0004					
Exercise completion percent, %	13					
Exercise score, points	22 of 100	>		Ma	ain menu	
CHECKUP						
Completeness and quality of the performed checkup, %	0	>		Ne	ext exercise	
Oesophagus passage tries times	0			INC	SAL EXELCISE	
Organ perforation times	0					
Blood loss, ml.	0		1000	Re	etry the exercise	

Figure 6.4. Exercise end form

# 7 Cleaning maintenance

To clean the simulator body, use a light soap solution or mild domestic cleaners. Soak a soft cloth in the selected solution and carefully wipe dirt and dust from the body of the simulator, its instruments, bracket and monitor's body etc. Please do not allow the liquid leak inside the instruments handles and body of the simulator. For cleaning monitor screen use special cleaning cloth.

Do not forget to perform regular dry and wet cleaning of the the facility housing the simulator. If heating radiators are on in the facility - make sure simulator's body do not press toward one. If you are not planning to use simulator for some time, turn off its power source.

# 8 Acknowledgement table

I have read and understood the manual:

Date	Name	Signature

#### Table 1. Acknowledgement table